

DEPARTMENT OF THE ARMY INSTALLATION MANAGEMENT COMMAND HEADQUARTERS, U.S. ARMY GARRISON ALASKA AND FORT RICHARDSON 724 POSTAL SERVICE LOOP #6000 FORT RICHARDSON, ALASKA 99505-6000

IMPC-FRA-ZA

17 March 2008

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Bicycle Operations on Fort Richardson (USAG-FRA-05)

- The purpose of this policy is to establish policy and procedures for the safe operation
 of bicycles on Fort Richardson. This policy is applicable to any and all military or civilian
 personnel including family members when riding a bicycle on Fort Richardson, as either
 the operator or passenger.
- 2. Bicycles offer an inexpensive source of exercise and recreation, as well as a clean means of transportation. However, bicycle riding can be dangerous if not done properly. In an endeavor to ensure safe bicycle operations on Fort Richardson, the following policies and procedures are established:
 - a. Individual protective clothing and equipment requirements.
- (1) Bicycle riders will wear a bicycle safety helmet that has been approved by either the Snell Memorial Foundation, the American National Standard Institute (ANSI) or Consumer Product Safety Commission (CPSC).
- (2) While riding bicycles on a road, street or other thoroughfare during hours of darkness or periods of limited visibility, a brightly colored "reflective" vest must be worn. The vest must be worn on the upper portion of body at all times and will not be obstructed from view (front or rear) by an outer garment, backpacks, etc...
- (3) Although not required, bicycle riders are highly encouraged to wear brightly colored clothing; sturdy footwear; full length trousers/pants; long sleeve shirt or jacket; eye protection; and cycling gloves.
 - b. Bicycle safety equipment requirements.
- (1) Bicycles ridden at night or during periods of limited/restricted visibility will be equipped with a headlight affixed to the front of the bicycle and a red taillight or red reflector affixed to the rear of the bicycle. The headlight and taillight/reflector must be visible from a distance of 500 feet to the front and rear.
- (2) Small children and infants will only be carried in a passenger seat or trailer designed for this purpose and within individual weight and height limitations.

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- (3) No bicycle will be operated without an operable breaking system.
- (4) During periods when snow and/or ice is present on post roads, streets and thoroughfares, bicycles must be fitted with studded/spiked tires, front and rear. Mixing of tires is not authorized.
 - c. Rules of the road, safe riding practices.
- (1) All bicyclists must comply with all installation and state traffic laws while operating a bicycle on any military installation or property. This includes obeying the instructions of official control devices applicable to vehicles and/or pedestrians.
- (2) All bicycles must be ridden as near as possible to the right edge of the roadway or trail as practicable and exercise due care when passing other vehicles, bicycles or pedestrians.
- (3) Persons riding a bicycle on a sidewalk or recreational trail must yield to pedestrians. Persons riding bicycles may not ride more than two abreast and will not impede the normal traffic flow.
- (4) When operating on roads or streets, bicycle operators must give appropriate hand and arm signals when changing lanes, turning or stopping. When making left hand turns, use the applicable left turn lane, upon completion of turn, safely return to extreme right side of road.
 - (5) All bicycles must be secured when parked or left unattended.
 - d. Prohibited practices.
- (1) The use of headphones, earphones, cell phones or similar devices is prohibited while riding a bicycle.
- (2) No persons riding a bicycle may attach themselves or their bicycle to any other vehicle or bicycle. The practice of individuals riding on handlebars, carrying racks and center bars is prohibited.
- (3) No bicycle may be parked or otherwise left unattended in any manner that may interfere with the normal flow of traffic or vehicle parking. No bicycle may be parked or left unattended in any manner that would block a designated pedestrian crosswalk or impede pedestrian movement.

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- 3. In addition to the aforementioned Fort Richardson "on post" safe bicycle operating policies and procedures, and in accordance with Anchorage Municipal Laws, the following additional guidelines are applicable when riding off post.
 - a. Bicycles will have front and rear pedal reflectors and side rim or wheel reflectors.
- b. Bicycles will be equipped with an audible device such as a bell or similar device capable of giving an signal audible for a distance of at least 100 feet. Devices such as a siren, whistle or similar device are not authorized.
- c. Bicycles will be equipped with a standard designed bicycle seat attached to the bicycle. While the bicycle is in operation, the operator must remain astride the seat at all times.
- d. Rear view mirrors are not required, but are highly recommended. Should you choose to use a rear view mirror the recommended minimum should be at least one mirror mounted on the left side (traffic side) of the handlebar.
- 4. The provisions of this policy letter are intended for the safety of all bicycle operators and their passengers. For additional information or guidance pertaining to bicycling on Fort Richardson or the within the Anchorage area, you may visit the Fort Richardson, Garrison Safety website at http://www.usarak.army.mil/Garrison_Safety.
- 5. The primary points of contact for this memorandum are Mr. Alfredo Nogueras, Fort Richardson Garrison Chief of Safety, 384-2382 or Mr. Roger Stickney, Fort Richardson Safety Specialist at 384-2383.

DAVID L. SI

COL, AR Commanding

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